SELF FINANCED CERTIFICATE COURSE IN CAKE MAKING

Women empowerment cell organizes self-financed certificate course for B. Com & M. Com students in cake making. The following members are selected as BOS members.

- Smt. S.I.Madiwallapagol
 Principal,
 L.K.Khot college of commerce, Sankeshwar.
- Chairman
- S.S. Hunachyali
 Chairman,
 Women Empowerment Cell
 L.K.Khot college of commerce, Sankeshwar.

- Coordinator

 Mrs. M.R.Kotagi Resource person Hukkeri - Member

N.J.Hawaldar
 Lecturer P.G.Dept. of Commerce
 L.K.Khot college of commerce, Sankeshwar.

- Member

Enio.

Principal

Women Empowerment Cell

S.D.V.S. Sangh's

2: (08333) 273364

Fax: 08333- 272471

Shri L. K. Khot College Of Commerce, Sankeshwar.

Tal. Hukkeri Dist. Belagavi, Karnataka Pin- 591 313 Reaccredited With B Grade by NAAC

ಶ್ರೀ ದು. ವಿ. ಸಂ. ಸಂಘದ

ಶ್ರೀ ಎಲ್. ಕೆ. ಬೋತ ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ, ಸಂಕೇಶ್ವರ.

ತಾ. ಹುಕ್ಕೇರಿ. ಜಿ. ಬೆಳಗಾವಿ. (ಕರ್ನಾಟಕ) ಪಿನ್ : 591 313.

www.slkkcc.edu.in

e-mail: lkkhot@rediffmail.com.

Ref. No

Date: 10.07.2023

Women empowerment cell

Notice

It is here by informed to all the students of B. Com & M. Com that Women Empowerment Cell is organizing 30 Hours Certificate Course in Cake Making. Course commences from 14/08/2023.

Interested students can enroll their names to S.S. Hunachyali, P.G Department of commerce, on or before 11/07/2023.

Chairman Women Empowerment cell Principal
Patricipal
Shri L. K. Khot College of Commerce
Sankeshwar-591313 Dt. Balgaum

Estd: 1970

S.D.V.S. Sangh's

2: (08333) 273364

Fax: 08333-272471

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e-mail: lkkhot@rediffmail.com.

Ref. No

Date: 10.07.2023

Certificate course in cake making

Date:

Agenda

- Basic information about cake making
- 2. Student batch preparation
- 3. Framing the syllabus
- 4. Student attendance
- 5. Distribution of the work among the staff

Resolution

- 1. The registered students are asked to bring the writing materials required to note down the process and important materials needed to make cakes.
- 2. S.S. Hunachyali and the resource person Mrs. M.R. Kotagi framed the syllabus for the above-mentioned course.
- 3. It is resolved that the student attendance is made compulsory.

Shrl L. K. Khot College of Commerce Sankeshwar-591313 Dt. Balgaum

Estd: 1970

S.D.V.S. Sangh's

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www.slkkcc.edu.in

e-mail: lkkhot@rediffmail.com.

Ref. No

Date: 10.07.2023

Women Empowerment Cell-2023

Certificate course in cake making

Syllabus

Theory

05 hours

- 1. Introduction to basics of cake making.
- Introduction to vessels moulds & equipment required for cake making.
- Different types of cakes.
- 4. Various methods to make a design.
- 5. Preservation & care of cakes

Practical

25 hours

- Tools & materials used for cake making
 - 1.1 Selection, use and maintenance of tools and equipment for cake making.
 - 1.2 Various vessels, moulds & equipment's used in cake making.
 - 1.3 Accessories used in making a cake.
 - 1.4 Various types of moulds & equipment temperature with its impact on quality parameters.
- 2. Various methods to make a cake.
- 3. Preservation and care of cakes.

Chairman

Women Empowerment Cell

Shri L. K. Khot College of Commerce Sankeshwar-591313 Dt. Balgaum

Content of Syllabus

- 1. Sponge cake
- 2. Slice cake
- 3. White forest cake
- 4. Black forest cake
- 5. Pineapple cake
- 6. Mirror glaze cake
- 7. Mixed fruit cake
- 8. Strawberry cake
- 9. Rose cake
- 10. Butterscotch cake
- 11. Chocolate cake
- 12. Milk cake
- 13. Plum cake
- 14. Ice cream cake
- 15. Honey cake

Chairman Women Empowerment cell Principal
PRINCIPAL
Shri L. K. Khot College of Commerce
Sankeshwar-591313 Dt Reference

Sponge cake

Basic vanilla sponge cake recipe which is made using simple ingredients. This sponge cake is super fluffy and super soft, light and airy. Preheat oven to 180-degree C. Line a 7-inch square cake pan with parchment paper. Take flour, baking soda, baking powder in a sifter and sieve it into a bowl.



Slice cake

The most common size for homemade cake recipes is a large rectangle. It's baked in a standard 9-by-13-inch cake pan. This is a perfect size for parties, and you can expect to get between 12 and 20 slices from a single cake.



White forest cake

White Forest Cake is a new twist on the classic European cake. Layers of vanilla sponge cake are filled with sour cherries, white chocolate cream and plenty of Kirshwasser. This cake includes all the essential components of a classic Black Forest Cake; chocolate, sponge cake, real whipped cream, cherries and cherry liquor.



Black forest Cake

Black forest cake is the perfect amalgamation of chocolate, whipped cream frosting and cherry liqueur garnished with fresh cherries. It looks decadent and tastes heavenly and that is all one needs for any sweet and joyous celebration.



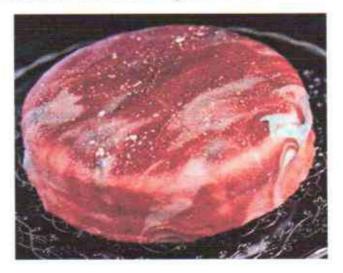
Pineapple cake

Pineapple cake is soft, moist, juicy and one of the easiest kinds of cakes to make. It consists of layers of pineapple, sponge cake & whipped cream. It is light and moist, with the added taste of fresh pineapple poached in a vanilla-scented syrup.



Mirror glaze cake

Mirror cake glaze is a shiny cake made by pouring a delicious chocolate sugar glaze that has gelatin in it over a frozen cake. You can use a variety of colors and shaped molds to make the frozen cake to get that super reflective surface which is how the cake got its name.



Rose cake

Rose cake tastes like rose bushes blooming in the spring. It's filled with many raspberry fillings and topped with sweet tangy raspberry buttercream making this cake super light, soft and overall beautiful.



Butterscotch cake

This butterscotch cake is made with moist and tender brown sugar cake layers, homemade butterscotch sauce, and topped and filled with butterscotch buttercream. This cake is topped with more butterscotch sauce and is smoothed out with a spatula creating a marble design.



Different Cakes in Workshop







Dwg_

Shri L. K. Khot College of Commerce Sankeshwar-591313 Dt. Balgaum

S.D.V.S. SANGH'S

SHRI L.K. KHOT COLLEGE OF COMMERCE, SANKESHWAR

WOMEN EMPOWERMENT CELL

CERTIFICATE COURSE IN CAKE MAKING

ATTENDENCE

No.	S.No Students Name	Class	10	05	03	04	05	90	02	80	60	10	=	12	13	4	2	Signature
-	Fairoza B. Chadedar	M.Com	7	7	7)	7	7	7	1	1	1	7	7	,	1	1	Carrott
7	Mahalaxmi G. Sansuddi	M.Com	>	7	7	1	1	1	1	7	1	1	1	7	\	7	1	M.g. barnes
3	Pooja Patil	M.Com	7	7	7	7	7	7	7	7	1)	7	7	1	1	1	Dot
4	Maseera N. Jamadar	B.COM	1	7	7	7	1	7	7	\	1	1	7	\	7	7	1	M.N. Jamand
w	Shahista B.Chadedar	B.COM	7	1	7	1	7	7	7	1	7	1	7	1	7	1	1	Shahinta
9	Laxmi S. Hiremath	B.COM	7	1	7	7	7	7	1	1	7	1	7	7	1	1	7	Tarmi
7	Vidya S. Mathad	B.COM	1	1	7	7	7	1	7	1	7	1	7	7	7	/	1	KAN
00	Jahara Z. Patel	B.COM	7	1	7	1	1	1	1	7	7	1	7	7	7	7	1	arect.
6	Sahana N. Khemalapure	B.COM	7	7	1	7	7	7	7	7	7	1	7	7	7	1	1	Top of
10	Akshata A. Halai	B.COM	7	7	7	1	7	1	/	/	7	7	7	1	7	\	1	A)
==	Vidyashree I. Desai	B.COM	7	1	7	7	>	1	7	1)	/	7	7	7	7	7	J. I. Desoi
12	Pallavi R. Kale	B.COM	1	1	1	7	7	1	7	1	7	7	7	7	7	7	1	Lay
13	Pallavi R. Bhisure	B.COM	1	7)	1	7	7	7	7	1	7	7	7	7	7	7	Right.
14	Sakshata Bidre	B.COM	7	1	7	1	7	7	7)	1	7	7	7	7	1)	Bidy.
15	Komal R. Kadam	B.COM	7	7	7	1	7	1	7	1	7	7	7	7	7	1	1	Kup,
91	Swapnali S. Kale	B.COM	7	7	7	7	1	1	7	7	7	7	7	7	7	1)	5.5. kale.
17	Ribeka Giiwane	B.COM	7	1	1	7	1	1	1	7	1	/	7	1	1	\	1	C Callinga

18	Swati Bhosale	B.COM	1	7	1	7	7	7	7	7	7	1	7	1	7	1	1	& rozale
19	Pooja A. Kale	B.COM	7)	7	1	7	1	7	7	7	1	7	7	7	7	4	D.leal,
20	Spoorti S. Sankannavar	B.COM	1	7	7	7	7	7	7	7	7	7	7	7	7	7	1	Pagos
21	Priyanka A. Kale	B.COM	7	1	7	7	7	7	7	7	1	7	7	7	7	7	1	John J.
22	Bhagyashree M. Shinde	B.COM	1	7	1	7	7	7	7	7	7	7	7	7	1	7	1	2. N. Million
23	Anuja B. Bharmannavar	B.COM	7	7	7	7	7	7	7	1	7	7	7	7	7	7	1	DRK
24	Laxmi M. Kittur	B.COM	7	7	7	7	7	7	7	7	7	7	1	1	1	1		. h: Him
25	Anusha S. Patil	B.COM	7	7	7	7	7	7	7	7	7	7	7	7	7	1	1	是
56	Sandhya D. Gouroji	B.COM	7	7	7	7	7	7	7	7	7	7	7	7	1	/	10	13
27	Vijaylaxmi S. Munnoli	B.COM	7	7	7	7	7	7	7	7	7	7	7	7	7	7		nd.
28	Rachana Patil	B.COM	7	7	7	7	>	1	7	7	7	7	7	1	1	1		actu /
59	Rabiya Kanadale	B.COM	7	7	7	7	1	1)	7	7	7	7	7	7	7	3	Mendale
30	Poorva Biradi	B.COM	1	1	7	7	7	1	1)	7	7)	1	1	7	0	Const
31	Priyanka Havaldar	B.COM	7	7	7	7)	1	7	7	7	7	1	7	1	1	1	the molden
32	Bhagyashree B. Borgalli	B.COM	7	7	7	7	7	7	7	7	7	7)	1	1	7	6	R.B.
33	Megha S. Kotewale	B.COM	7	7	7	7	7	7	7	7	7	7	7	1	1	,	1	al al
34	Ashwini A. Koudi	B.COM	1	7	7	7	7	7))	1	7	7	1	7	/	X 1	NA
35	Pradnya B. Patil	B.COM	7	7	7	7	7	7	7	7	7	7)	1	1	7	7	2 Pati
36	Swati R. Shelar	B.COM	1	7	7)	7	7	7)	7	7	7	1	1	7	7	R dala
37	Needa A. Chadedar	B.COM	1	1	١	7	7	7	7	7	7	7	7	1		7	7	op op
38	Pratibha Nalgundi	B.COM	7	7	7	7	7	1	7	1	7	7	7	7	1	1	1	2) Jalaund
39	Pallavi Bangari	B.COM	7	7	7	7	7	7)	7	7	7	7	1	1	7	7	Jacob Maria
40	Priyanka Balesh	B.COM	1	1	7	7	7	7)	7	7	7	7	1	1	1	10	Sundarday
41	Bhagyashree Desai	B.COM	7	7	7	7	7	7	7	7	7	7	1		1	7	7)Produs
45	Amruta Malugol	B.COM	7	7	7	7	7	1	7	7	7	7	7	1	1	7	9	nablack
43	Aniket Tammannavar	RCOM	1	1		1								١			141	-



Certificate Course in Cake Making

Course Outcomes

- 1. Students will be able to earn while they learn.
- 2. Students will be able to start their own ventures in the future.
- 3. Students will be able to teach others about cake making.
- Students developed skills such as teamwork, patience, problem solving creativity & time management.
- Students will be capable of handling different tools, molds & equipment needed for baking as well as basic cooking.

Chairman Momen Empowerment Cell)

Shri L. K. Khot College of Commerce Sankeshwar-591313 Dt. Balgaur

Certificate Course In Cake Making







S.D.V.S. Sangh's

2: (08333) 273364

Fax: 08333- 272471

Shri L. K. Khot College Of Commerce, Sankeshwar.

Tal. Hukkeri Dist. Belagavi, Karnataka Pin- 591 313

Reaccredited With B Grade by NAAC

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ಶ್ರೀ ಎಲ್. ಕೆ. ಬೋತ ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ, ಸಂಕೇಶರ.

ತಾ. ಹುಕ್ಕೇರಿ. ಜಿ. ಬೆಳಗಾವಿ. (ಕರ್ನಾಟಕ) ಪಿನ್ : 591 313.

www.slkkcc.edu.in

e-mail: lkkhot@rediffmail.com.

Ref. No

Date: 4,09.2023 RSE

CERTIFICATE COURSE IN SELF DEFENCE

The following members are selected as BOS members for certificate course in Self Defense.

 Smt. S.I.Madiwalappagol Principal,
 L.K.Khot college of commerce, Sankeshwar.

Chairman

 Manjunath Bhovi Black Belt 5th DAN

- Member

 Deepa Abhinandan Lakkannavar Resource person Black Belt 1st DAN

- Member

 Shankar Raymane Black Belt 3rd DAN

- Member

PRINCIPAL
Shri L. K. Khot College of Commerce
Sankeshwar-591313 Dt. Balgaum

Estd: 1970

S.D.V.S. Sangh's

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www.slkkcc.edu.in

e-mail: lkkhot@rediffmail.com.

Ref. No

Meeting Notice

Date: 4.09.2023

All the BOS members are here by requested to attend the meeting on 11/08/2023 in the principal chamber to discuss about the certificate course on self-defense.

- 1) Smt. S.I. Madiwalappagol Principal,
 - Shri. L.K. Khot college of commerce, Sankeshwar.
- Member

- Chairman

3) Deepa Abhinandan Lakkannavar Resource person Black Belt 1st DAN

- Member

4) Shankar Raymane Black Belt 3rd DAN

2) Manjunath Bhovi

Black Belt 5th DAN

- Member

Shri L. K. Khot College of Commerce Sankeshwar-591313 Dt. Balgaum

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ತಾ. ಹುಕ್ಕೇರಿ. ಜಿ. ಬೆಳಗಾವಿ. (ಕರ್ನಾಟಕ) ಪಿನ್ : 591 313.

www.slkkcc.edu.in

e-mail: lkkhot@rediffmail.com.

Ref. No

Date: 5.09.2023

Notice

It is here by informed to the students of B. Com that the college is organizing 30 Hours Certificate Course in Self Defense. Course commences from 10/09/2023.

Interested students can enroll their names, to Prof. N.J.Hawaldar / Prof. S.S.Hunachyali on or before 06/09/2023.

Principal
PRINCIPAL
Shri L. K. Khot College of Commerce
Sankeshwar-591313 Dt Balnaum

Certificate Course in Self defense

Course Outcomes

- 1. Students became aware on physical fitness & health.
- Students became aware on defense techniques against offense attack.
- 3. It has created assertiveness among the students.
- 4. This course has promoted self-esteem among the students.
- It has led to increase in confidence level & decrease in anxiety helplessness, fear & avoidance.
- They have been aware on ground fighting & use it as per their need.
- They have been aware on escaping techniques against different hold & chokes.

Shri L.K. Khot College of Commerce Sankeshwar-591313 Dr. Balnare

S.D.V.S SANGH'S

Shri L.K.Khot College of Commerce, Sankeshwar

Certificate course on Self Defence Syllabus

SL. NO	DATE	TEACHING TECHNIQUES	INSTRU CTOR SIGN	PRINCIPAL SIGN
1	10//11/20 23	 Teaching about Karate Meaning of Karate Information about karate background How to bow and who does bow for? Teach Re Two counts bowing and which use the bowing. 	F	
2	15/11/202	 Flexible exercise Say Re means What Introduce four count Shiko Dachi (Horse stance) Standing Sukhies (Pucha)- Introduce four count Zenkutsu Dachi (Forward Stance) Introduction to all sukies 		
3	16/11/202	 Teaching all standing exercises. Revision of previous class. All Zentsu Dachi Exercises Mayageau- Straight sheep Achi Mawachi – outside Rotation Sato Mawashi – Inside Rotation Heiko Dachi all punch Chodan Suki Gidan Suki, jodan Suki. 		
4	17/11/202 3	 Standing Exercises Heiko Dachi all ukes (Blocks) Gidan Barai – Down Block Achi Uke – Middle Block Age Uke – Upper Block Shoto Uke Introduction to Zenkutsu Dachi First kick Chodan Giri – Thrust Kick Teaching shikho Dachi all Sukhi and Uke. 		
5	18/11/202 3	 All Flexible exercises Zenkutsu Dachi all kicks four counts Chodan Geri – Thrust Kick yeko Geri – Side Kick Mawashi Geri – Slap Kick Heiko Dachi all punch and Blocks revision Introduction to empies (Elbows) Ushi ro Empi Ekko Empi Mawashi Empi 		

6	20/11/2023	 To say all flexible Exercises Single suki single breathing Chodan suki Gidan suki Jodan suki Introduction Hansagu Dachi (Fighting Stance) Double suki Double breathing. 	
7	21/11/2023	 Flexible Exercises – standing and sleeping Exercises. Zenkutsu Dachi all geri and uke Chodan Geri and Gidan brai Yecko Geri and Achi Uke Mawashi Geri and age uke Introduction to ura mawashi geri and how to attack others and fight Shiko Dachi all Sukis an ukes Chodan Suki – Chest Puncha Gidan Suki – Stomach Puncha Jodan Suki – Face Punch End of the class. 	
8	22/11/2023	 All standing and sleeping exercises Double hand single suki Chodan suki Jodan suki Then I will say how to defence for other attackfor me. And how to defence with attack say. Hansagu Dachi all Kicks Chodan geri Yerko Geri Mawashi Geri Uramawashi geri 	
9	23/11/2023	 Introducing all loosning exercises Introduce all Dachi Introduce all zenkutsu Dachi Kicks and blocks Hansagu Dachi all kicks and blocks Then next I will say how to defence if other people attack Introduce Ippon kumites and advance Ippon Kumites. 	

10	24/11/2023	 All flexible exercises Revision of previous class Introduction to Necko-ashi Dachi and shoto Uke and Uraken Uke Introduction about Nukites chope Chodan Nukite Gidan Nukite Jodan Nukite Then next Hansagu Dachi Kicks Mawashi Geri Ura mawashi geri 	
11	25/11/2023	 All losning exercises All zenktsu dachi Kicks blocks All Heiko Dachi Punch (Suki) Single count single breathing Double suki double breathing Double hand single suki Hansage dachi defence Techniques defence with attack and how to defence for other people attack 	
12	27/11/2023	 Zenkutsu dachi Shiko dachi Hansagu dachi Heiko Dachi Practice all Empies- Ushiro Empi- Back Elbow Yeko empi- side Elbow Mawashi Empi- face elbow Introduce fest - Back Fest single hand and double hand Then introduce ken Geri (Centre Kick) and what time do we use the kick. Introduction to kiken Geri - 45 degree side kick and how to use this kick. 	
13	28/11/2023	 All kicks and bocks practiced Teaching how to protect yourself if someone else attack you. Teaching students, if someone comes Infront of you and eatch the hand or catch the neck then how to defence yourself 	

14	29/11/2023	 Teaching how to defence for others attack on him. Then said Ippon kumites and all advance Ippon Kumites. Then how to defence if attacked by four people. Introduction to bonkay's All kicks, punch and blocks Repeate the empies and /Nukites Ushiro Empi Mawashi Empi Age Empi Tobbe Empi- front hammer 45 Degree cross Nukite and sukhi. 	
15	01/12/2023	 Hiza Geri, how to attack the Ushiro Geri and Hiza Geri. Then introduction to Fomi Komi Suki (Hook Puncha) and side test. How to fight to others and how to defence with attack. All Tppon Kumites and all advance Tppon kumites Practiced. Then lastly self defence. Hansagu dachi all suki Gyaku Suki Oyi Suki 	

Photos of certificate course in self defence Inauguration





PRINCIPAL
Shri L. K. Khot College of Commerce
Sankeshwar-591313 Dr. Balgaum

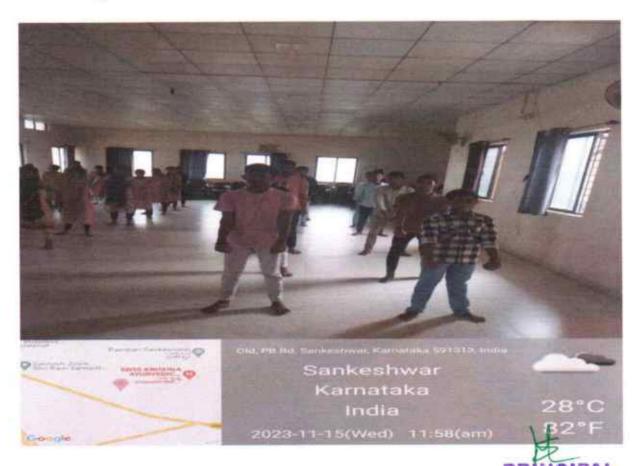




Shri L. K. Khot College of Commerce Sankeshwar-591343 Dt. Referen

Photos during Classes





PRINCIPAL
Shri L. K. Khot College of Commer
Sankeshwar-591313 Dt. Balgaum

S.D.V.S. SANGH'S
SHRI L.K. KHOT COLLEGE OF COMMERCE, SANKESHWAR
CERTIFICATE COURSE IN SELF DEFENCE

					ATT	ATTENDENCE	ENC	E									
No	Students Name	Class	10	02	03	04	05	90	0.2	80	60	10	Ξ	17	13	14 15	Signature
	-																P.
-	Prajwala. R. Belavi &	B.COM	7	7	7	7	7	1	7)	7	7	1	1	1	1	P. R. B.
2	Radhika. I. Marbad	B.COM	7	7	7	7	7	1	7	7	7)	1	7	1	7	Menahad.
3	Manika. M. Chilami	B.COM	7	7	1	1	1	7	1	1	1	1	1	7	7	7	W.
4	Nivedita. S. Metri Total	B.COM	7	7	1	1	7	1	1	1	\	7	7	7	1	7	Buti
w	Pallavi. B. Naik 🖈	B.COM	7	1	7	1	1	1	7	1	7	7	1	7	7	7	Age.
9	Nisha. M. Melagiri	B.COM	7	7	1	7	1	1	1	7	1	1	1	7	7	1	Aglock
7	Sneha. N. Katti	B.COM	7	7	7	1	1	1	1	1	1	7	1	1	7	7	出来
00	Vaishnavi. D. Pimpale	B.COM	1	7	7	7	7	7	1	1	7	7	1	1	7	7	V. D. Rimpale
6	Prerana. K. Hegade	B.COM	7	7	7	1	1	1	1	7	7	7	1	1	1	7	- Alon 0016
10	Sarika. B. Kadalgi	B,COM	1	7	1	1	1	7	1	1	7	7	1	1	7	7	S.B. Kachelage
=	Samiya. I. Killedar	B.COM	7	7	1	1	1	1	7	7	7	1	1	7	7	7	Kitledon.
12	Laxmi. U. Waddar	B.COM	1	7	1	7	7	7	7	1	1	1	1	7	7	7	L.V. uende
13	Radhika. T. Nevadi	B.COM	7	7	/	1	1	7	1	1	1	1		7	7	/	Karada
14	Pooja. V. Hegade	B.COM	7	1	1	1	1	7	1	1	1	1	1	1	7	7	A. C.
15	Megha. J. Patil	B.COM	7	7	1	1	1	1	7	1	1	1	\	7	1	7	7
16	Komal. S. Kamble	B.COM	1	7	1	7	1	1	1	\	1	1	7	1	\	7	1 K.S. IKamp
17	Saniya. B. Sutar	B,COM	7	7	7	1	1	1	1	7	\	1	7	7	\	7	SpSudar.
18	Sakshi, B. Waddar	B.COM	7	7	7	7	7	7	1	7	\	7	7	7	7	1	S.Bcubadar.
49	Sonali. P. Waddar	B.COM	7	7	7	1	1	7	7	7	7	1	1	7	1	7	g. Puaclolo
20	Keerti. S. Haragoppa	B.COM	7	1	7	7	1	1	7	1	7	7	7	7	\	7	Mossti
21	Neha. R. Chavan	B.COM	7	7	7	1	1	7	1	1	7	1	1	7	(7	Mana!
22	Sadhana. S. Goture	B.COM	7	7	1	1	7	7	7	7	7	1	1	7	7	7	5.5.404081
23	Padmavati. J. Samay	B,COM	1	1	1	7	7	/	7	7	1	1	1	7	1	1	P.J. Sonoy
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24	Saniya. B. Chadadar	B.COM	1	1	7	1	1	1	7	7	7	7	7	1	1	7	V	•
35	Aditi. V. Patil	B.COM	1	1	7	1	7	7	7	7	1	7	>	7	1	1		1
36	Alfiva. R. Vadrati	B.COM	1	/	7	1	7	7	2	1	1	7	7	1	7	7		10
27	Zeba. A. Kazi	B.COM	1	7	7	1	7	7	1	7	1	7	4		1	7 '	8	
28	Sahana, A. Kumbar	B,COM	1	1	1	7	7	1	7	7	7	7	7/	1	1	1	eg /	to que
29	Prajakta. R. Kumbar	B.COM	7	1	7	7	7	1	7	7	7	1	7 /	1	1	7	4	1
30	Savita, A. Mali wild	B,COM	1	7	7	1	7	7	7	7	7	7	7 /	,	1	7	C	A
31	Koushalya. I. Madagoddi	B.COM	1	1	7	7	7	7	7 /	7 1	7) ;	1	1	1	7	W	1
32	Sakshi, P. Peerabhadranavar	B.COM	1	7	5	7	7	7	7	7	7 /	7 /	1	1	1	7	(0)	a
33	Laxmi.I. Managutti	B.COM	1	7	7	7	7	1	7	1	7	1	1	1	1	1	9	1
34	Ramesh. P. Hunachyali	B.COM	7	7	7	1	7	7	1	7	4	1	1	7		1	41.6	1. A. Rad
35	Nagesh, A. Baad	B.COM	1	1	7	7	7	7	7	1	7	7	7	7/	1/2	7	2	ator.
36	Omkar. I. Hiremath With	B,COM	1	7	7	7	7	7	7	1	7	7	7		1	1	0	a Cate
37	Sourabh. M. Patil	B.COM	1	7	7	7	7	7	7	7	7	7	1	7 /	1	1	10	7
38	Parshuram. A. Chalannavar	B.COM	1	1	7	7	7	7	7	7	7	7	7	7	1	1	7	O Lobla
39	Bhartesh. S. Kaathi	B.COM	1	7	7	7	7	7	7	1	7	7	7	7 ;	7	1	1	
40	Amar. M. Kadalgi	B.COM	7	7	7	1	1	7	1	1	1	7,	1	7/	1	1	1	Bes
4	Prem. D. Khavali	B.COM	7	7	7	7	7	7	7	1	7	7	1	7		5	To l	Salund
42	Satish. S. Badiger	B.COM	7	7	7)	7,	7	7	1	7 7	7 7	7	1	1	1	7	2
43	Darshan. Naik	B,COM	7	7	7	1	7	7	7	7	1	7	1	7	1	\	1	S. C.
4	Darshan, B. Bobadi	B.COM	7	7	7	7	7	1	7	7	7 ,	1	1	1	1	7	7	mp.
45	Manager Macook	76. Com	7	7	7	7	7	7	7	7	7	7	1	, ,	1	7	0	. hirson
46	Carlow A King Carlo	74. Com	7	7	7	7	7	7	7	7	7	7	7	1		1	8	Postil
47	Trogginger C. Datell	T. Com	7	7	7	7	7	7	7	7	7/	7	1	1	7	1	7	đ
48	Rohal A. Bergoulle.	B.Com	j	7	1	1	7	1	7,	7 7	7 7	7/	7	7	7	7	1	one lade
49	N.PSha Medaging	B. Com	7	7	7	,		7			-	H					-	5
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ಓಬದ್ದ ಸ್ವರಕ್ಷಣೆ ಕಲೆ ಮತ್ತು ಕರಾಬೆ ಸ್ವೋರ್ಟ್ನ ಅಸೋಸಿಯೇಷನ್(ರಿ)



OBAVVA SELF DEFENCE ART AND KARATE SPORTS ASSOCIATION (R)



Affiliated By: Shito-Ryu Karate Do India Academy & India Youth Sports Association Recognition by Karate India organization (KIO), world karate federation (WKF)

COLOR BELT EXAM

100

Mon 1) Full Name: _		Activipos.		Total Fees:	450
2) DOB: 07109		The state of the s		Weigh	nt:
3) Branch: <u>Go</u> 4) Address: <u> </u>				Grade Appea Mob: _	ring:
Exercise (15)	Kihon (15)	Waza (15)	Katas (20)	Kumite (20)	Others (15)
Meditation	Stances	Through	Test	Ippon	Attendance

Exercise (15)	Kihon (15)	Waza (15)	Katas (20)	Kumite (20)	Others (15)
Meditation	Stances	Through	Test	Ippon	Attendance
5	5	5	4	5	5
Faxable	Punch& Blocks	Locks	Fitness	Extra	Activities
5	5	5	10	6	5
Push-ups	Kicks & strikes	Basic	Hand Tech.	Stamina	Character
5	5	5	6	.9	5

Remark: Pass/Retest

Note:1) I will obey the all rules & regulations of the association.

- 2) I am participating in the Karate grading test in my own risk.
- 3) In case of any injury will be occurred to me I will be responsible for that.

S.A. Kurani

Signature of Student Signature of Parents



Signature of Examiner

ಕುಖದ್ದ ಸ್ವರಕ್ಷಣೆ ಕಲೆ ಮತ್ತು ಕರಾಬೆ ಸ್ಪೋರ್ಟ್ನ ಅಸೋಸಿಯೇಷನ್(ರಿ)



OBAWA SOLF DEFENCE ART AND KARATE SPORTS ASSOCIATION (R)



Affiliated By: Shito-Ryu Karate Do India Academy & India Youth Sports Association Recognition by Karate India organization (KIO), world karate federation (WKF)

COLOR BELT EXAM

68

Mor 1) Full Name: _	The state of the s	_ + Exam Fee		Total Fees:	
2) DOB:1116	3/ 2005	Age:	18		ring:
4) Address:				Mob:	7892399302
Exercise (15)	Kihon (15)	Waza (15)	Katas (20)	Kumite (20)	Others (15)
Maditation	Ctangag	Through	Toct	Innon	Attendance

Exercise (15)	Kihon (15)	Waza (15)	Katas (20)	Kumite (20)	Others (15)
Meditation	Stances	Through	Test	Ippon	Attendance
4	3	3	4	4	4
Faxable	Punch& Blocks	Locks	Fitness	Extra	Activities
4	3	5	5	4	3
Push-ups	Kicks & strikes	Basic	Hand Tech.	Stamina	Character
4	A	4	4	4	4

Remark: Pass/Retest

Note:1) I will obey the all rules & regulations of the association.

- 2) I am participating in the Karate grading test in my own risk.
- 3) In case of any injury will be occurred to me I will be responsible for that.

Signature of Student

Signature of Parents Signature of Instructor

Signature of Examiner

ಕುಖದ್ದ ಸ್ವರಕ್ಷಣೆ ಕಲೆ ಮತ್ತು ಕರಾಬೆ ಸ್ವೋರ್ಟ್ನ ಅಸೋಸಿಯೇಷನ್(ರಿ)



OBAVVA SELF DEFENCE ART AND KARATE SPORTS ASSOCIATION (R)



Affiliated By: Shito-Ryu Karate Do India Academy & India Youth Sports Association Recognition by Karate India organization (KIO), world karate federation (WKF)

COLOR BELT EXAM



	+ Exam Fee:	Total Fees:
1) Full Name: South	Maals.	S. S
2) DOB: 17/05/2006		Weight:
3) Branch: Sankishung	Present Grade:	Grade Appearing:
4) Address: Sanleshu	20.	Mob:

Exercise (15)	Kihon (15)	Waza (15)	Katas (20)	Kumite (20)	Others (15)
Meditation	Stances	Through	Test	Ippon	Attendance
5	4	ų	1	5	5
Faxable	Punch& Blocks	Locks	Fitness	Extra	Activities
3	4	5	4	4	5
Push-ups	Kicks & strikes	Basic	Hand Tech.	Stamina	Character
2	4	3	G	5	5

Remark: Pass/Retest

Note:1) I will obey the all rules & regulations of the association.

- 2) I am participating in the Karate grading test in my own risk.
- 3) In case of any injury will be occurred to me I will be responsible for that.

Signature of Student

Signature of Parents Signature of Instructor

Signature of

ಕುಖದ್ದ ಸ್ವರಕ್ಷಣೆ ಕಲೆ ಮತ್ತು ಕರಾಬೆ ಸ್ಪೋರ್ಟ್ನ ಅಸೋಸಿಯೇಭನ್(ರಿ)



OBAUVA SELF DEFENCE ART AND KARAIE SPORTS ASSOCIATION (R)



Affiliated By: Shito-Ryu Karate Do India Academy & India Youth Sports Association Recognition by Karate India organization (KIO), world karate federation (WKF)

COLOR BELT EXAM

89 700

1) Full Name: Navella	9 + Exam Fee: 150	Total Fees: 450
2) DOB: 40+ 2005	the state of the s	Weight:
3) Branch: Sankeshwan Present Grade:		Grade Appearing:
4) Address: _ chokalogue	Jola Hebbal	Mob:
V		

Kihon (15)	Waza (15)	Katas (20)	Kumite (20)	Others (15)
Stances	Through	Test	Ippon	Attendance
5	4	8	-5	5
Punch& Blocks	Locks	Fitness	Extra	Activities
5	5	3	4	5
Kicks & strikes	Basic	Hand Tech.	Stamina	Character
5	3	8	4	5
	(15) Stances 5 Punch& Blocks 5 Kicks & strikes	Stances Through Stances Through Sucks Locks Kicks & Strikes (15) Comparison of the Comparison of	Stances Through Test Stances Through Test Locks Fitness Kicks & Basic Hand Tech.	(15) (15) (20) (20) Stances Through Test Ippon 5 4 8 5 Punch& Blocks Locks Fitness Extra 5 5 3 4 Kicks & Strikes Basic Hand Tech. Stamina

Remark: Pass/Retest

Note:1) I will obey the all rules & regulations of the association.

- 2) I am participating in the Karate grading test in my own risk.
- 3) In case of any injury will be occurred to me I will be responsible for that.

Signature of Student

Signature of Parents Signature of Instructor

Signature of Examiner

Certificate course in Self Defense

Course outcomes

- 1. Students improved physical and mental well being.
- 2. Students improved self-defense techniques.
- 3. The course enhanced physical fitness.
- 4. Students increased sense of self-worth.
- 5. The Course boosted confidence in students.

CHAIRMAN
WOMEN EMPOWERMENT CELL

PRINCIPAL

Ladies Common Room and Washroom





